Genesee County Health Department

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FOR IMMEDIATE RELEASE

DATE: October 21, 2015 END DATE: October 27, 2015

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RE: Genesee County Celebrates Food Day

Food Day, the nationwide grassroots mobilization for healthier diets and improved food policies, is gaining momentum as organizers plan thousands of events big and small all over the country. The Genesee County Health Department (GCHD) will be celebrating Food Day on October 27, 2015, with a presentation on regional food systems and conversations with our partners doing work in food and food access in Genesee County. The event will take place from 3-5pm in the Ramsdell Room of the Flint Farmers' Market. GHCD will honor restaurants that have received "Gold" status for the Genesee County Health Department *Healthy Menu Awards.* Liz Gensler of Michigan State University's Center for Regional Food Systems will share information on regional foods systems and their importance to our community. Edible Flint, the SPROUT Coalition and the Community Foundation of Greater Flint Food System Navigator will be on hand to share information about their efforts in the community. The Mass Transportation Authority will share new bus routes established to make it easier for community members to access grocery stores.

Besides events in public places, Food Day organizers are encouraging families to have healthful potluck dinners with friends, and to use these gatherings as opportunities to talk informally about food and our nation's food system. The Genesee County Health Department encourages everyone to take advantage of local Food Day activities to think about their food options and to make healthier food choices. Our motto is "Better Life through Better Health.