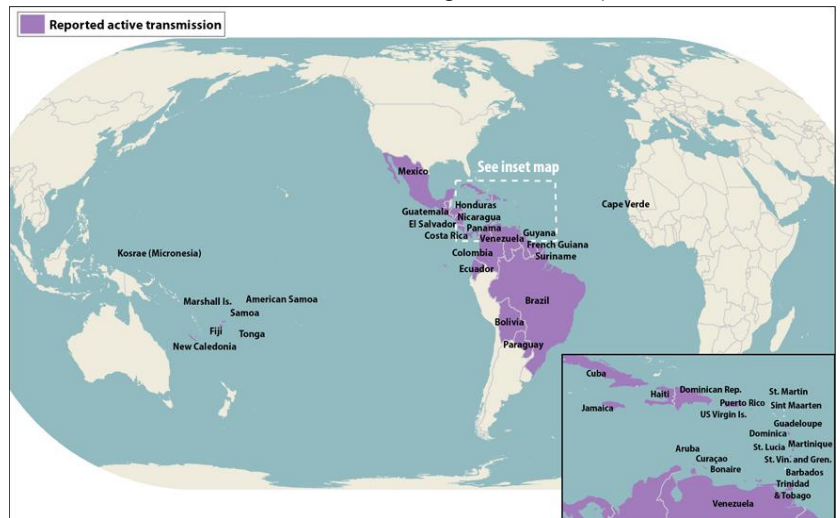




## Areas with active mosquito-borne transmission of Zika virus

- Outside United States
  - Cape Verde
  - Caribbean (Aruba, Barbados, Bonaire, Cuba, Curacao, Dominican Republic, Guadeloupe, Haiti, Jamaica, Martinique, Saint Martin, St. Vincent and the Grenadines, St. Maarten, Trinidad and Tobago)
  - Central America (Costa Rica, El Salvador, Guatemala, Honduras, Nicaragua, Panama)
  - Mexico
  - Pacific Islands (Fiji, Kosrae (Federated States of Micronesia), Marshall Islands, New Caledonia, Samoa, Tonga)
  - South America (Bolivia, Brazil, Colombia, Ecuador, French Guiana, Guyana, Paraguay, Suriname, Venezuela)
- United States Territories
  - Commonwealth of Puerto Rico
  - US Virgin Islands
  - America Samoa
- United States
  - No local transmission, but there have been travel-associated cases



## How can Zika virus be prevented?

- There is no vaccine to prevent Zika.
- Protect yourself and your family from mosquito bites:
  - Use Environmental Protection Agency (EPA)-registered insect repellent (follow product label instructions)
  - Wear protective clothing such as long-sleeved shirts and pants
  - Avoid areas where mosquitos may be present
  - Maintain window and door screens to keep mosquitos out of buildings.
  - Get rid of mosquito breeding sites by removing standing water in and around your home

## Should pregnant women travel to places with Zika outbreaks?

- Pregnant women in any trimester should not travel to areas where Zika virus is present.
- If you must travel, talk to your healthcare provider before first and strictly follow the steps to prevent mosquito bites during your trip.

## If I have any other questions, whom can I contact?

- Call the Genesee County Health Department, 257-1017
- Visit the CDC Zika Virus website at <http://www.cdc.gov/zika/index.html>