



What is enterovirus?

- **Enteroviruses** are very common viruses, causing 10-15 million infections each year. Most people infected with enterovirus have no symptoms or only mild symptoms similar to the common cold. It is actually the second most frequent cause of 'the common cold.' **Enterovirus D68 (EV-D68)** is one of more than 100 non-polio enteroviruses. EV-D68 can occur in all populations but has mainly impacted children under the age of 18. Those who have a previous medical history of asthma or wheezing are more susceptible to EV-D68.

What are symptoms that could occur?

- Range of symptoms from mild to severe requiring hospitalization
- Difficulty breathing
- Cough
- New onset of wheezing
- Possible fever
- Rapid heartbeat

How is it spread?

- Found in an infected person's secretions (saliva, nasal mucus, sputum)
- Close contact with infected person, such as touching, shaking hands, kissing
- Contact with contaminated objects and surfaces

How is it diagnosed and treated?

- Primary care provider and laboratory testing
- Other treatment is aimed at individual symptoms

Should the sick individual be isolated?

- Yes. Stay home and away from other people

When can the individual return to the general population?

- Individual may return when they are fever free and the individual feels well

Preventing the spread of enterovirus

- Wash hands often with soap and water for 20 seconds
- Avoid touching eyes, nose, and mouth with unwashed hands
- Avoid kissing, hugging, shaking hands, and sharing cups or eating utensils with people who are sick
- Disinfect frequently touched surfaces, such as toys and doorknobs, especially if someone is sick
- Stay home when feeling sick, and talk with your doctor
- Cover your cough

If I have any other questions, whom can I contact?

- Call the Genesee County Health Department, 257-1017