

Can mothers pass Zika on to their fetuses during pregnancy?

- Yes. CDC is currently studying how Zika affects pregnancies.

Should pregnant women travel to places with Zika outbreaks?

- Pregnant women in any trimester should not travel to areas where Zika virus is present.
- If you must travel, talk to your healthcare provider before first and strictly follow the steps to prevent mosquito bites

What should pregnant women who traveled to places with a Zika outbreak do?

- Talk to your healthcare provider even if you don't feel sick.
- CDC recommends that all pregnant women who have traveled to an area with Zika talk to their doctor.
- It is especially important that pregnant women see a doctor if symptomatic within two weeks of travel to a country where Zika has been reported.
- CDC has guidance to help doctors decide what tests are needed for pregnant women who may have been exposed to Zika.

Does Zika in pregnant women cause birth defects?

- On April 13, 2016, CDC scientists announced that Zika virus is a cause of microcephaly and other severe fetal brain defects

Can a previous Zika infection cause a woman who later gets pregnant to have a baby with microcephaly?

- Currently, no evidence to suggest that Zika virus, after cleared from the blood (usually remains in the blood of an infected person for about a week), poses a risk for future pregnancies.

Is it safe to get pregnant after travelling to a place with a Zika outbreak?

- Talk with your healthcare provider. Once a person becomes sick, Zika virus usually remains in the blood of an infected person for about a week, but has been found in semen longer.

Should a pregnant woman who lives in or has traveled to a place with a Zika outbreak be tested for the virus?

- CDC recommends that all pregnant women who have traveled to a place with a Zika outbreak get tested, both symptomatic and asymptomatic.
- Be sure to tell your doctor where you traveled.

How can people protect themselves against Zika?

- Prevent mosquito bites:
 - Wear long-sleeved shirts and pants
 - Stay in places with air conditioning or that use window and door screens to keep mosquitoes outside.
 - Use Environmental Protection Agency (EPA)-registered insect repellents (follow instructions on the label)
 - Reapply every few hours
 - Pregnant and breastfeeding women can use insect repellent
 - Eliminate mosquito breeding sites, like containers with standing water

If I have any other questions, whom can I contact?

- Call the Genesee County Health Department, 257-1017
- Visit the CDC Zika Virus website at <http://www.cdc.gov/zika/index.html>