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FOR IMMEDIATE RELEASE

DATE: August 14, 2017

END DATE: August 20, 2017

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RE: **Vaccines Are Not Just For Kids!**

“All adults should get vaccines to protect their health,” stated Genesee County Health Department Medical Director, Dr. Gary Johnson. Even healthy adults can become seriously ill and pass diseases on to others. Everyone should have their vaccination status reviewed at their doctor’s office, or if you cannot make it to your doctor’s office, the Genesee County Health Department can review your vaccine status. “You should also understand that certain vaccines are recommended based on a person’s age, occupation, or health conditions such as asthma, chronic obstructive pulmonary disease, diabetes or heart disease,” stated Johnson.

“Vaccines are important because they protect the person receiving the vaccine and prevent the spread of disease, especially to those who are most vulnerable: infants, seniors, and the immunocompromised,” stated Genesee County Health Department Nursing Supervisor, Mary Baird. Adults, including pregnant women, should get an influenza (flu) vaccine each year to protect against seasonal flu. Every adult should have one dose of the Tdap vaccine (tetanus, diphtheria, and pertussis, or whooping cough) if they did not get it as a teen, and then the Td (tetanus and diphtheria) booster vaccine every ten years,” stated Baird. Pregnant women should receive a Tdap vaccine each time they are pregnant, preferably between 27 and 36 weeks. If you are age 60 or older, it is recommended that you receive the shingles vaccine. Adults 65 and older are recommended to receive one or more pneumococcal vaccines.

If cost is keeping you away from getting your vaccines call your doctor or the Health Department to learn about programs that can help you with the cost of adult vaccines. Genesee County Health Department’s Burton Health Clinic is at G-3373 S. Saginaw Street in Burton. At this clinic, we provide both adult and childhood vaccines. Call to make an afternoon appointment, 810.237.4540 or 810.237.4569. Walk-in service is available, Monday, Wednesday, Thursday, and Friday from 8:00 am to 11 am. If you need an evening appointment, the Burton Clinic is open on Thursday until 6:00 pm. You can also go online: www.gchd.us to request an appointment, or go to this website to see off-site clinics near you.

Genesee County Health Department. Your Health. Our Work.

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