

TALKING TO CHILDREN ABOUT CORONAVIRUS

REASSURE THEM.



Remind children that researchers are learning all they can about the virus. Reassure them steps are being taken to keep everyone safe.

Let children know there are steps they can take to help keep themselves and others safe. Washing hands often and coughing into a tissue or their sleeve.

SHOW THEM HOW TO TAKE CONTROL.



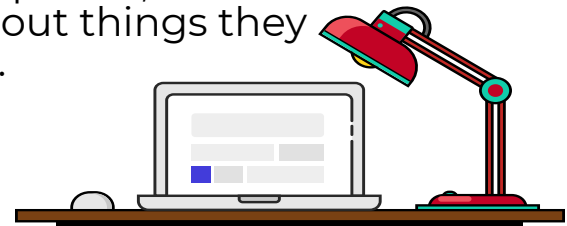
MONITOR THEM FOR SIGNS OF ANXIETY.

Your children may not know how to express their worry, but it may be visible in other ways. They may be cranky, clingy, distracted, or have trouble sleeping.



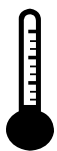
KEEP AN EYE ON THEIR MEDIA EXPOSURE.

Keep children away from images that may be frightening on TV, social media, computers, etc. Talk with older children about things they have heard.



COVID-19 SPREADS THROUGH **CLOSE CONTACT**

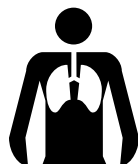
KNOW THE SYMPTOMS



FEVER



COUGH

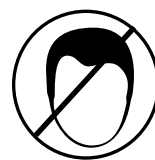


SHORTNESS OF BREATH

PRACTICE SIMPLE PRECAUTIONS



WASH YOUR HANDS OFTEN



DON'T TOUCH YOUR FACE



AVOID THOSE THAT ARE SICK

LOOKING FOR MORE RESOURCES?

For information on "Home Emergency Kits", preventing the spread of COVID-19, handwashing tips, and more, check out our website!



Genesee County Health Department
Your Health. Our Work.



@GeneseeCountyHealthDepartment

For more information visit www.gchd.us/coronavirus and follow us on Facebook!

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